EMPOWERING WOMEN IN INDIA: AN OVERVIEW ON SOCIO-CULTURAL LIFE OF ELDERLY

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ABSTRACT

Women and their socio-cultural life are an important concern nowadays. Empowerment is the process of becoming stronger, confident, and powerful. In the Indian patriarchal social structure, women are less powerful than men. Among women, elder women are more negligible and, in most cases, they are staying on the back foot. Their journey of life is fully accumulated by a bunch of experience and skills. Throughout life, a woman is playing and representing various social roles and statuses. She played the role of a daughter, a wife, a mother, and an elder. In her journey of life, she gathered enormous experiences and facing ups and downs. She has the experience to tackle the haphazard situations of life but when she is becoming older, somehow, she faces unexpected issues in their journey of life. Geriatric issues are a more concern-able issue because it is affecting her health and, in this regard, she needs more care and support. Apart from the geriatric issue, she is facing other issues such as lack of cooperation from the family members, economic insecurity, less important and inferior dignity, etc. Empowerment can be the best tool for solving many of those issues. So, my point is if older people becoming empowered, they can enjoy economic security, more active in decision making, and comparatively less worried regarding their health issues. Central and state governments are taking various initiatives to uplift their situation and making them economically stronger. But still, women are facing various problems and last three decades rapid growth of old age homes is indicating that society and traditional families failed to provide support and long-term care to elderly women. In this research paper, I want to explore the social images of elderly women in India. As well as I want to discover the hidden truth and limitation of government policies and programmes towards the elderly. Find out the reality and needs of old age homes in the present social structure.

Objectives: *Major objectives of my research are,*

➢ To explore the social images of elderly women in India.

➢ To discover hidden truth and limitation of government policies and programmes towards the elderly.

➢ To execute reality and needs of old age home at the present social structure

Methodology: *In this pandemic situation to accomplish this research I used the content analysis method. On the other hand, for the sampling, I prefer convenience sampling which is best for me to assemble the research paper within time. Based on thirty sample sizes of recent research reports, news, journals, and articles I want to complete my research article.*

Keywords: *Empowerment, Geriatric, Old age homes, and Elderly issues.*

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